



SUMMER REFRESH AT  
**CIVANA**

Enjoy preferred summer pricing and unique seasonal services through Labor Day

**CIVANA** is the ultimate summer getaway to refresh and unwind. The cooling effects of water are celebrated all summer at Spa **CIVANA** with preferred summer pricing and healing seasonal services. Celebrate glorious sunset culinary specials daily or take part in an array of transformational enrichment classes included with every stay or day package.

## CULINARY DELIGHTS

### Bottle & Board

Daily | 4-8 pm | \$25 | Terras

Choose your favorite Chef's Charcuterie Board and a bottle of vino each evening for just \$25, perfect for sharing.

#### Board:

- Charcuterie Board
- Cheese Board
- Calamari Board

#### Bottle

- Select red and whites

### Happy Hour

Daily | 4-6 pm | Terras Lounge

The happiest of hours features half off all beer, house wine, well & specialty cocktails along with all bar menu bites.

### Tequila Sunset

Daily | 4-8 pm | \$20 | Terras Terrace

Enjoy the epic Carefree sunset nightly on the Terras Terrace with a rainbow Tequila flight and your choice of 3 tacos (steak, fish or chicken).

### Mule Train Mondays

Monday | 4-6 pm | \$7 each | Terras Lounge

Head on over to Mule Train Rd. for Mule Train Monday, where you can savor four different flavors of the classic Moscow Mule.

### CIVANA Friday Nights

Friday | 6-8 pm | Complimentary | Terras Lounge

Stop by Terras for live music from a variety of local musicians and indulge in sunset happy hour specials and magnificent views of Black Mountain.

### Shake & Stir Cocktail Class

Friday | 4-5 pm | \$25 per person | Terras

Go behind the scenes into Chef's Kitchen to learn how to make the perfect healthy, hand-crafted cocktail recipes and pair with assorted appetizers from the chefs of CIVANA. Summer cocktail selections will rotate weekly and include the Arizona Sunset, Carrot Ginger Breeze, Beet Yuzu Gimlet and the Smoke Over Paloma. Reserve your spot by emailing [wellness@civanacarefree.com](mailto:wellness@civanacarefree.com)

### Kid's Cook & Create

Saturday | 11am-Noon | \$25 per person | Terras

Learn the art of healthy desserts that kids will love. Pastry Chef Anna will inspire her junior chefs with her tips for creating everything from cookies, cakes to unique decorations. Recommended for children 7+ and parents are welcome to partake in the party. Reserve your spot by emailing [wellness@civanacarefree.com](mailto:wellness@civanacarefree.com)

### Sunday Champagne Brunch

Sunday | 8am-Noon | \$25 per person | Terras

Make Terras your new Sunday tradition and indulge in a variety of healthy and comfort classics from yogurt parfaits, breakfast goods, savory creations to decadent charcuterie boards and top it off with a glass of champagne. Reservations available at 480-653-9049.

### Chef's Table

Wed, Thurs, Fri | 6-8 pm | \$75++ per person | Terras

An intimate four-course dining experience for three to six people or more featuring a four-course dinner highlighting the season's best ingredients and perfectly paired wine. Each night features a different Chef's choice menu. Reservations required 24 hours in advance. Reservations available at 480-653-9049.

## SUMMER STAY PACKAGES

- **Summer Spa Experience** - \$120 nightly spa credit + Spa Amenity
- **3rd Night Free this Summer**
- **Local Love Stay Package** - AZ Residents save 20% + Waived Experience Fee
- **Day of Wellness at the Spa for \$235** - 60 Min Service + Lunch + Unlimited Classes + Gym Access + Water Bottle

## SPA CIVANA

### Sunset Spa Special

Daily | 4pm to close | \$99 Services

Guest choice of one 50-minute Swedish Massage or Moisture Drench Facial.

### Seasonal Featured Services

Refresh at Spa CIVANA with these seasonal offerings available at preferred Summer pricing, available Sunday-Thursday.

### Moisture Drench Facial

60 minutes \$123 (normally \$165)

Experience dramatic results with this hydrating and conditioning treatment. Through the application of stem cell boosters, this facial is designed to address inflammation, fine lines, and wrinkles while restoring radiance to the skin.

***Boutique Bonus: Complimentary Gift with Purchase, CIVANA Sunscreen Sampler***

### Citrus Swedish Massage

60 minutes \$115 (normally \$155)

75 minutes \$145 (normally \$195)

This nourishing massage uses a chamomile citrus essential oil blend that awakens the senses and soothes the mind. This is the perfect remedy for restoring one's balance in life.

***Boutique Bonus: Receive 20% off the Citrus Marine Mist***

### Sedona Red Clay Hydrating Wrap

60 minutes \$120 (normally \$160)

Enhance your treatment with:

Vichy Shower \$10 | Facial Mask \$25 | Mini Facial \$35

This full body therapy combines a pure combination of Sedona red clay and omega rich red algae's to hydrate, heal, and calm dry weathered skin. This body wrap envelopes the body and calms the mind.

***Boutique Bonus: Receive 50% off the Travel Chakra Oil***

### Sound of Color Pedi

60 minutes \$60 (preferred pricing, normally \$79)

Merging the beauty ritual of the manicure and pedicure with the ancient practice of guided color meditation for ultimate wellbeing.

***Boutique Bonus: Receive 20% off any hand or foot care product.***

Spa Notes: Available May 24-September 9. No other discounts or specials apply and based on availability. Recommended pre-booking 24-hours in advance. Seasonal services valid Sunday - Thursday only except for the daily Sunset Spa Special. Not valid with any other offers or promotion. Must be 18 or older to participate. A 20% gratuity is added to all services and treatments. Management reserves the right to modify or cancel this promotion at any time.

## FEATURED SEASONAL WELLNESS PROGRAMS

Daily programs and classes are included with every stay or day spa experience. For a complete daily class schedule visit [civana.com](http://civana.com).

### Water Yoga

Go with the flow as you connect with your body, release pressure from your joints, and stimulate your lymph system.

### Refresh Your Mind

Bring your physical, mental, and emotional systems into balanced alignment with a HeartMath™ inspired meditation and skill building session.

### Sustainable Juicing Workshop | \$25

Interactive workshop with the Executive Pastry Chef and Nutrition Health Coach showcasing how to reduce food waste while utilizing the fiber from a freshly pressed juice to whip up delicious baked goods.

### The Science of Aqua Vitality

Take a plunge as you learn how hydrotherapy immersion and contrast therapy help to increase circulation, promote relaxation, and boost immunity.

### Myofascial Refresh

Release muscle and connective tissue throughout the body via self-massage techniques utilizing foam rollers and massage balls.

### Watercolor Art

Unleash your imagination as you create your mixed media masterpiece.

### Smoothie Sensation

Cool down and enliven your taste buds with a refreshing blend of fresh fruits and veggies.

### Guided Relaxation

Cleanse your mind, feed your soul, and finish your day in balance as you are led in a soothing meditation.

## SPECIAL EVENTS

Experience special events all season at CIVANA.

- **Celebrate Dad** | June 14-16
- **Summer "Soulstice"** | June 21
- **Fourth of July Celebration** | July 4-7
- **CIVANA Lights: Block Party & Drone Spectacular** | July 6
- **Labor Day Weekend** | September 7-9

Go to [civana.com/upcoming-events/](http://civana.com/upcoming-events/) for complete details